[High/Low]

Barcelona

Spain's second-largest city, Barcelona is the proud capital of the Catalonia region, with a distinct language and culture. There's something for every interest: ancient, modern, food, beach, architecture, or partying till dawn. —Andrew Bender

GO

Worth It: Swirling curves, fairy-tale spires, and colorful broken-tile accents by Catalan architect Antoni Gaudí (1852–1926) define Barcelona architecture. Get up close and up high at La Sagrada Família, Spain's most famous basilica. Tickets from \$17. (011) 34-93-198-07-05; sagradafamilia.org/en. Casa Batlló is creepily charming, nicknamed "House of Bones" for its stonework details. Tickets, \$21–\$24. (011) 34-93-216-03-06; casabatllo.es /en. Learn to make classic local dishes, including pan con tomate (savory tomato bread) and croquetas de jamón (ham croquettes), at Espai Boisà Cooking School. \$478 for two people. (011) 34-93-192-60-21; espaiboisa.com.

On the Cheap: Getting lost is part of the experience in the narrow cobblestone lanes of Barri Gòtic (Gothic Quarter), inhabited since Roman times and filled with ancient churches, one of Europe's oldest synagogues, modern boutiques, and plazas for relaxing—all without opening your wallet. Reasonably priced hilltop Parc Güell, designed by Gaudí, features offbeat Doric columns and a giant tiled salamander. Tickets from \$8. (011) 34-93-409-18-31; parkguell.cat/en.

EAT

Indulge: Eat up the energy at new El Nacional, which has four distinct culinary areas and four bars under one grand roof. Try grilled fish, paella, and fideuà (Catalanstyle paella made with noodles instead of rice) at La Llotja; or T-bones or ox burgers at La Braseria steakhouse. Main dishes range from \$11–\$36. (011) 34-93-518-50-53; elnacionalbcn.com/en.

Budget Bites: Shoehorn yourself amid the throngs dining on diminutive dishes at intimate Quimet & Quimet. Cheese plates, mussels, and montaditos (toasts) topped with the likes of salmon with yogurt and truffle-honey pair beautifully with the extensive wine selection. Tapas start at \$2. (011) 34-93-442-31-42.

STAY

Big Spender: Make the Mediterranean coast at the ultramodern W Barcelona, with its 26 stories unfurling like a glass sail over the sand. A spa, a rocking rooftop bar, and eye-catching restaurants are all within steps of beach fun. Rates start at \$214. (011) 34-93-295-28-00 or (877) 946-8357; w-barcelona.com.

Smart Saver: Not just food fans will savor the lively new Praktik Bakery Hotel, which was built to include a working bakery. Rooms can be small, but the clever design—bakery-tile walls, industrial lamps, and rain showers—makes up for it. Rates start at about \$100. (011) 34-93-488-00-61; hotelpraktikbakery.com.



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